

WEEK 1 SUMMER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		BREAKFAST		
Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal
		MORNING SNACK		
Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink
		LUNCH		
Macaroni cheese with peas & sweetcorn	Chicken tikka masala & rice	Pasta bolognese	Tomato & meatballs with rice	Fish pie with mixed vegetables
Yoghurts	Chocolate brownies	Blackcurrant jelly	Yoghurt & fruit compote	Fruit crumble
		TEA		
Chicken & ham finger rolls with salad sticks & crisps. Fruit	Toasted crumpets soft cheese & salad sticks Fruit	Tomato & cheese muffin pizza with salad sticks Fruit	Crusty bread with soft cheese, pate, salad sticks & crisps Fruit	Chicken, ham and cheese sandwiches & crisps Fruit
		BABIES UPTO 1YR		
Tomato soup with bread	Spaghetti with bread rolls	Lentil & vegetable puree	Sweet potato & vegetable mash	Baked beans with bread roll
		5pm Snack		
A selection of crackers, bread sticks, fruit and drinks				

WEEK 2 SUMMER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST				
Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal
MORNING SNACK				
Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink
LUNCH				
Tomato & vegetable pasta	Meatballs & mixed vegetable risotto	Cauliflower, cheese pasta bake	Chicken hot pot.	Cowboy pie (sausage, mash & beans)
Yoghurts	Banana cake	Strawberry whip with strawberries	Rhubarb fool	Fruit jelly
TEA				
Toasted bagel with soft cheese & salad sticks Fruit	Tuna mayo, ham or chicken sandwiches with salad sticks & crisps Fruit	Baked beans or spaghetti on wholemeal toast Fruit	Sausage or cheese rolls, with salad sticks & crisps Fruit	Cheese & tomato quesadillas with salad sticks Fruit
BABIES UPTO 1YR				
Muffins with baked beans	Fish fingers with mashed potato	Spaghetti with bread rolls	Cheesy scrambled egg with bread roll	Cheesy pasta
5pm Snack				
A selection of crackers, bread sticks, fruit and drink				

WEEK 3 SUMMER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST				
Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal
MORNING SNACK				
Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink
LUNCH				
Tuna pasta with peas & sweetcorn	Minced beef & onions with mash & mixed vegetables	Chicken korma with rice	Turkey pasta bolognese	Vegetable & lentil cottage pie
Yoghurts	Shortbread	Raspberry jelly	Ice cream	Mango fool
TEA				
Mini sausages, crackers & cheese with salad sticks & crisps Fruit	Cheese & tomato muffin pizza & salad sticks Fruit	Toasted bagels with soft cheese & salad sticks Fruit	Ham, chicken or soft cheese sandwiches with salad sticks Fruit	Crusty bread with ham, soft cheese, salad sticks & crisps Fruit
BABIES UPTO 1YR				
Cauliflower cheese	Mushroom pasta	Tomato soup with bread	Sweet potato mash	Cheesy mini waffles
5pm Snack				
A selection of crackers, bread sticks, fruit and drinks				

WEEK 4 SUMMER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		BREAKFAST		
Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal	Toast or cereal
		MORNING SNACK		
Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink	Fruit and drink
		LUNCH		
Mixed bean stew with couscous	Creamy mushroom pasta with sweetcorn	Turkey chilli con carne with rice	Sausage, mash, vegetables with gravy	Corned beef hash
Yoghurts	Flapjack	Ice cream	Sponge and custard	Fruit jelly
		TEA		
Cheese & crackers with mini sausages, salad sticks & crisps	Chicken or ham sandwiches with salad sticks & crisps	Toasted crumpet with butter or soft cheese, salad sticks.	Cheese and tomato naan pizza with salad sticks	Meatballs, naan cucumber sticks & crisps.
Fruit	Fruit	Fruit	Fruit	Fruit
		BABIES UPTO 1YR		
Sweet potato & vegetable mash	Vegetable soup with bread roll	Rice & vegetables	Mini sausages with baked beans	Lentil & vegetable soup with bread
		5pm Snack		
A selection of crackers, bread sticks, fruit and drink				